

1 - How do we actually change? Shmuezim provide tremendous insight into human psychology and inspiring stories and speeches motivate me to grow - but how do I take it the next step and actually stop my bad habits ? How do I gain control of myself and become in charge ?

2 - What does Rabbi Palgon think of the attached bumper sticker?



3 – They now make sheitels that look very natural. Is it a tznius/hashkafic/halachik issue for a woman to wear such a sheitel?

4 - Does lo sifah and sinas chinam apply to everyone who offends you? Is one mechuyav to overcome his animosity to all those who harm him?

5 - After a man's 9-5 job in the daily routine he has what is considered extra hishtadlus or is it okay to make up work u couldn't do in your day or is that also considered extra hishtadlus

6 - When someone gets injured or anything bad happens to them - I hear people saying that you're supposed to thank Hashem. Is that supposed to be my reaction? What's the exact reaction a person is supposed to have when yisurim come upon him? Teshuva, thanking, accepting with love?

7 - Now that I am in the working world and not in yeshiva, the fact that I don't enjoy learning too much has made it very hard for me to sit down and open up a saffer. Does Rebbe have any eitzahs?