



YESHIVA
TORAS CHAIM
TORAS EMES
KLURMAN
ELEMENTARY SCHOOL

TEAM SPIRIT

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Friday
February 4, 2022
ג' אדר א' תשפ"ב
פרשת תרומה

Through the
Classroom Door
Page 4-8

מזל טוב

To Rabbi and Mrs. Yaakov Moshe Leizeron and family on the birth of a girl.

To Mr. and Mrs. Isaac Akrish and family on the engagement of their daughter Adi Sara to Yoel Fabian.

To Rabbi and Mrs. David Elbaz and family on the recent birth of a girl.

רפואה שלימה

Chaim Shmuel ben Leah Yocheved
 Rochel Leah bas Miriam Frumit
 Yehudis Leah bas Sara Chava
 Binyomin Simcha ben Adina Minya
 Mina Yehudis bas Masuda Marsel
 Yochanan Baruch ben Fruma Etta
 Yechiel Nosson ben Sara
 Ita bas Rachel
 Chaya Rus bas Masuda
 Aryeh Yosef ben Devorah Hinda
 Yaakov ben Miriam
 Ava Shlomit bas Ilana Esther
 Ahron Halevi ben Perela
 Yosef Simcha Chaim ben Sara
 Chana

The Upcoming Week

Parent Teacher Conferences take place this coming Tuesday evening, February 8th and Sunday morning, February 13. Please reserve your slot by logging on the parent portal ytcte.org/ptc. If you have any questions, email stamir@ytcte.org

Regular Classes -
 Tuesday, February 8

No Classes on Friday, February 11
 Rabbi Yossi Heber z"l

Covid Corner

Please be mindful and do not send your child to school if they are experiencing symptoms. If there is someone in your household who is positive for COVID, your children **MUST** get tested with a PCR test regardless of symptoms, before returning to school. Please email safety@ytcte.org with any questions regarding COVID protocol. Thank you for your cooperation.



THE EFFORT IS THE REWARD

Dear Parents,

In his introduction to this week's *Parsha*, *Rabbeinu Bachye* derives from the word *לוקח* (*let them take*), that the actions of the Jewish People in connection to the contributions and construction of the *Mishkan*, need to be done *בזריזות* with alacrity, zeal. He derives this from the fact that *Shlomo HaMelech* uses the same word *לוקח*, in exhorting a person to focus on *Mussar*, more than on amassing wealth (*Mishlei 8:10*). Even more than people are passionate, excited and zealous in making money, they must take that trait of zeal and use it to grow spiritually.

It is clear from Rabbeinu Bachye that the key to success in any endeavor is to pursue it with a fire, strong motivation and excitement.

It is clear from *Rabbeinu Bachye* that the key to success in any endeavor is to pursue it with a fire, strong motivation and excitement. One who lacks enthusiasm is not on a track to success and fulfillment. How disheartening is it therefore, to see adolescents and adults who are unmotivated, blasé and indifferent about their studies, work and even, R'L, their *Yiddishkeit*.

In a powerful article (*Mishpacha Magazine* Edition 895, Jan. 19, 2022), Rabbi Yaakov Barr, a psychotherapist and clinical supervisor from London, England, identifies what he describes as a "disorder." It has become a pattern recently, that parent after parent detail difficulties they are having with their young teen or pre-teen, who are not interested in going to yeshiva and refuse to get out of bed in the morning. They don't do schoolwork and homework is out of the question. After chatting with the child, Rabbi Barr then responds to parents' concern that maybe their child is depressed or worse. He suggests that their child has "CBB Disorder." "CBB" disorder is Dr. Barr's own creation and it stands for "Can't Be Bothered."

... within every person's DNA there is the need to feel fulfilled and accomplished.

Rabbi Barr goes on to state that he believes this is an emotional pandemic affecting millions of children around the world and "is responsible for a vast number of our own Yiddishe boys and girls struggling in their *Yiddishkeit* and mental health today." There is no medication, over-the-counter or prescription that will help cure the situation. That would be an easy solution if it existed. Rabbi Barr goes on to explain in detail

what he feels is causing this disorder and some solutions.

Our modern world has ushered in a spirit of luxury and convenience, and all of us, including our children are reveling in it. Food and shopping can be ordered, and delivery arranged, all from the comfort of the couch, where we peruse the newspapers looking at which Pesach hotel takes our fancy. The stories of our great grandparents' childhoods, working down in coal mines, sweat shops – their worries about survival, about what they would eat the next day – are from a bygone era to which we cannot connect anymore.

Aren't we fortunate to be able to live in such comfort and ease?

The reality is we are alienating them far more by indulging them with easiness

A person was created to work, and within every person's DNA there is the need to feel fulfilled and accomplished. But how? Only through perseverance and hard work. To have success in any major area in life requires this one vital ingredient.

*But what if our comfortable world has made us become inherently allergic to hard work and conditioned to laziness? Well, relationships will break down and today's exploding divorce rate becomes a natural but obvious consequence. Without "sweat and toil," fulfillment becomes impossible to attain, and antidepressants are required to fill the void. If we aren't willing to work hard, then our *Yiddishkeit* – our connection with Hashem and His Torah – becomes a burden and a pain instead of a privilege and an honor. So, it's no surprise that many will choose the easier path of giving it all up.*

Continued...



THE EFFORT IS THE REWARD

Continued..

Page 2

Where does the blame lie for our children's CBB? Rabbi Barr has enough to go around, with both schools and parents taking their fair share. He continues:

It is the nature of a human being to want to avoid work, and it's the role of those responsible for their development to ensure that this does not happen. Too often our educational establishments are giving a green light to laziness. There are far too many schools, yeshivos and seminaries allowing their students to play the CBB system. As long as a child is not at the bottom of the class and not causing any trouble, he is left to float along, to continue his relaxed, stress-free existence, never facing demands to put in more than the minimum effort.

“It is clear from Rabbeinu Bachye that the key to success in any endeavor is to pursue it with a fire, strong motivation and excitement.

It is no surprise that I find those with chronic laziness usually above average in their academic ability. These children can get along even when they don't do their homework, learn for tests or arrive on time for lessons. Why? Because no one really says they can't. Perhaps we have become too scared to demand improvement out of fear we will alienate our children. The reality is we are alienating them far more by indulging them with easiness.

If the remedy for CBB is hard work and determination, then parents have a major role in preventing this disorder. If home life for our children is a hotel existence, with no house rules, tasks or chores imposed upon them, then we are conditioning them to a life devoid of effort. When a little Chaim or Rochel says, "It's too hard. I'm not doing this math homework," or, "I'm not studying for this test, 'cuz who cares anyway," what is our response? Do we avoid the conflict and give in, or do we patiently and firmly work with our children to help them put in the required effort and help them taste accomplishment and success?

... within every person's DNA there is the need to feel fulfilled and accomplished.

Let's try to praise the effort instead of the result. If a child works hard but doesn't achieve a good grade, then we fully acknowledge and applaud the effort spent – not as a token gesture, but because that is where success will come from.

Failure to work hard should come with some consequence for our children. The best example of this is when they fail to do their homework or get a low grade in an exam. Even if teachers and schools want to employ a range of unpleasant consequences so our children can learn from their mistakes, it has become the norm that parents rush to defend their children and demand leniency. Unfortunately, all we are doing is teaching them they can fail to work hard and get away with it. If we are going to try and help our CBB generation, then we need to step back and let our children face the consequences of putting in enough effort.

“The reality is we are alienating them far more by indulging them with easiness”

Rabbi Barr concludes by pointing out that if we encourage and habituate our young children to work hard, we are giving them a greater chance of success in life, and of avoiding having to face far more serious lessons later in their lives. We are giving them a greater chance at success and satisfaction in life, in academics, in interpersonal relationships, in our *Avodas Hashem* and in everything we do.

Best Wishes for a wonderful *Shabbos*

Rabbi Kalman Baumann

First Grade Girls Rosh Chodesh Activity



In honor of Rosh Chodesh Adar Alef, the girls in first grade decorated glittery hats. From clowns to smiley faces, the joy of Adar was certainly represented!



4G Siyum Bisamim Making

Mrs. Fried's 4G-1 and 4G-2 celebrated the siyum on Parshas Vayeishev by making Besamim holders. This is to remember how HaShem takes care of tzadikim in a special way. The girls decorated beautiful besamim jars and filled them with different spices with the help of Mrs. Shaffren. They also made a beautiful Havdalah card to go with it and enjoyed delicious treats.



Rosh Chodesh Adar Aleph Treat



The KES students were given a special Rosh Chodesh treat for Adar - a delicious hamantasch!



Rosh Chodesh Adar Alef Treat



First Grade Boys TWO Day

On 2.2.22 the boys in Mrs. Waldman's first grade class had a fun filled "TWO day." They made time capsules that will be opened when they are in 12th grade on 3.3.33! They included a picture of their class as well as a paper they wrote filled with all of their most favorite things.



First Grade Boys Patach Genuva



5B Siyum

Rabbi Shnidman's fifth grade class celebrated their siyum on Parshas Shemos with a delicious pizza and fries lunch. They played an exciting jeopardy review game and Rabbi Palgon came and spoke to them about working to be happy for our friends' accomplishments. Mazel Tov!



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1111 Ne 175th St

4th Grade
Meira Kolodny
17341 NE 12th Court

5th Grade
Ayala Wider
17220 Ne 12th Ave

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CHAVIE- 7866061884
RACHELI- 3053184545
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4th & 5th Grade
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3776 SHERIDAN AVE

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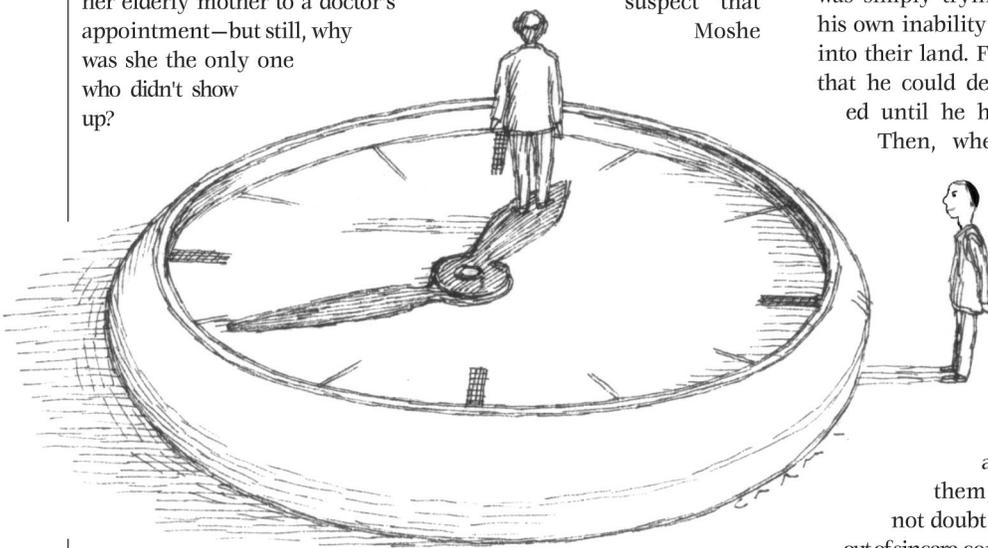


Better Relationships

Timing Is Everything

Dina Rosen came home from school in a fury. Every mother in the class had come to today's performance, except for her mother. She knew Mrs. Rosen had to take her elderly mother to a doctor's appointment—but still, why was she the only one who didn't show up?

is everything. When he needed to rebuke the B'nei Yisrael, he waited until he had triumphed over Sichon and Og. At that point, the people couldn't suspect that Moshe



Dina sulked around the house all evening. For Mrs. Rosen, the behavior was unbearable. Didn't the child have any idea how much she did for her every day? And besides, where was Dina when she was needed?

"You know, Dina, you might just use this experience to see how I feel when you don't do what you're expected to do. You said you would clean your room, but it's still a disaster. Or what about your Shabbos jobs? Why did your sister end up setting the table?"

Dina wasn't hearing a word of the rebuke. All she knew was that her mother had failed her, and now she was trying to shift the focus back onto Dina, who had done nothing more than go to school and come home. Mrs. Rosen's lesson was completely lost.

We learn from Moshe that when it comes to rebuke, timing

"For rebuke to be effective, it must wait for a time when it's possible to see eye to eye."

Adapted from "Love Your Neighbor" by Rabbi Zelig Pliskin, with permission from the author

Effective Prayer

Fulfillment

Unlike other forms of prayer, formal tefillah is not just our message to Heaven. It is a word-formula designed to infuse us with Heaven's message. Paying attention to the meaning of the words is an essential ingredient in letting tefillah do its work of inspiring and elevating us.

The Skulener Rebbe, Rabbi Eliezer Zusia Portugal, was imprisoned in Romania under harsh conditions. Nonetheless, he prayed each day, praising and thanking Hashem just as he had in easier times. One day, however, while saying "Baruch She'amar," he stopped at the words: "Baruch gozeir

Torah Tools for Personal

Growth

Inspiration



Ideas



Excellence



Success

was simply trying to cover up his own inability to bring them into their land. First he showed that he could deliver; he waited until he had credibility. Then, when he finally

admonished them, they could not doubt that he spoke out of sincere concern for their welfare.

Personal Growth

The Extra Mile

Eli's next-door neighbor was a baseball fanatic. To him, it was no sacrifice at all—it was a pleasure—to do without luxuries so he could purchase a season's ticket in the most expensive section of the stadium. One year, when his home team made it to the World Series, he gladly sold an inherited gold watch to buy airplane tickets to the away games.

Clearly, the neighbor demonstrated by his cheerful willingness to sacrifice, exactly how much baseball meant to him. And the same measure of willingness tells Hashem how much the performance of a mitzvah means to each of us. It's that enthusiasm, rather than the mitzvah itself, that brings our rewards in this world.

The Haflah teaches that, although the reward for a mitzvah awaits in the World to Come, our enthusiasm for the mitzvah brings rewards in this world. In Megillas Rus, Rus receives the blessing "May Hashem reward your deed and may your payment be full from Hashem." This seemingly redundant blessing, according to the Haflah, takes into account both Rus' reward in Heaven, and the reward *continued on back*



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Talk Me Into It

"How is it you've always got so many guests in your house? Isn't it a little overwhelming sometimes? It's not such a big place!" David asked his neighbor Shmuel. Shmuel's house was indeed a modest-sized suburban tract house, but on Shabbos afternoon it was packed with his six children's friends. And, the meal itself was seldom devoid of guests. The family hosted a shiur every Shabbos afternoon and a boys' learning group motzei Shabbos.

"My mother used to say, 'If there's a place in your heart, there's a place in your house,'" Shmuel responded. "We had a tiny apartment, and she was always inviting people. And there was always room

somehow." One might wonder, how did Shmuel's mother's motto change a tiny apartment into a large enough venue to host a constant flow of guests? Habitually repeating the idea out loud instilled in her the attitude that a warm welcome and pleasant atmosphere was all that was needed to make guests comfortable.

In Pirkei Avos, each bit of wisdom from the Sages is introduced by "He used to say..." This indicates that the words were not said just once, but were said habitually. Constant repetition transformed the speakers of these words into living exemplars of their meaning. What he "used to say" became a prominent factor in who he was.

"What he 'used to say' became who he was."

Ready and Waiting

What does it mean to "wait for Mashiach every day?" We invite his arrival three times a day in Shemoneh Esrei, and each time we recite Bircas Hamazon. But what would Mashiach find if he responded today to our constant entreaties?

The Chofetz Chaim offers an allegory: A large group is traveling by carriage to the home of a man who has just come into a fortune. He has issued invitations far and wide to attend a celebratory party. When the weary guests arrive, they find that their host has just begun setting the servants to work preparing the food. The tables are empty. Disgruntled and insulted, they turn around and go home.

People who really expect Mashiach's arrival are preparing their table in advance, so that when he comes through the door, he'll find it laden with acts of kindness and sincere teshuvah. From this he will know—he was expected.

Shabbos Table Discussion:

What are some ways to actively "wait" for Mashiach?

Adapted from "Who Wants to Live," by Rabbi Mendel Weinbach, with permission from the author

This insight gives us a powerful tool in changing negative thoughts and attitudes within ourselves. By constantly repeating to ourselves and expressing to others the attitude we would prefer to have, we can gradually rearrange our own interior. Eventually, the dissonance between what we say and how we feel will diminish, until what we "used to say" will indeed reflect who we truly are.

Adapted from "The Manchester Rosh Yeshivah," by Rabbi Shimon Finkelman with Rabbi Yosef Weiss, with permission from Mesorah Publications

The Extra Mile

continued from front she receives on earth for her willing sacrifices.

She gladly gives up her royal dignity as a princess of Moav in order to care for Naomi, living as a pauper among the downtrodden Jews of those times. In exchange, she becomes the ancestor of King David, and ultimately, the ancestor of Moshiach, whose royalty will endure forever. And we too see rewards in this world when we show, by going the extra mile for a mitzvah, just how much it means to us.

Shabbos Table Discussion:

How can one inject more enthusiasm into a mitzvah?

—CCHF

Index Reference 721



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Dedications

לע"נ חיים יחיאל מיכל בן רפאל פייוועל שניאור ז"ל ת.נ.צ.ב.ה.

We gratefully acknowledge our generous sponsors for making this publication possible.

"There is no family in the world that learns the halachos of Shmiras Haloshon that has not seen a yeshuah in some way."

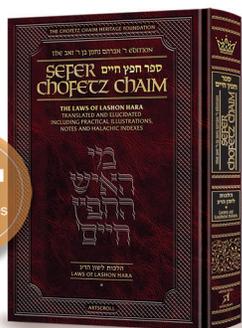
—HaGaon HaRav Yehuda Zev Segal
 Manchester Rosh Yeshiva, Founder of Stanzas Haloshon Yomi



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