



THE

WEEK

IN

WORDS



May 27, 2016
7:48

כ אייר תשע"ו
פרשת בהר



MAZEL TOV

Rabbi and Mrs. Yossi Berger on the birth of a son

Mr. Ari and Malka Feldman on being honored at the annual Torah V'Emunah dinner.

Dr. Sruly and Ilana Gross on the birth of a daughter.



NICHUM AVELILIM

Mr. Ely Levy on the loss of his father.

REMINDER

In order to keep your child healthy and reduce the risk of spreading contagious ailments, please adhere to the following policies:

Do not send your child to school if they have any of the following symptoms:

- ◆ Fever (over 99 degrees)
- ◆ Diarrhea
- ◆ Vomiting
- ◆ Discharge of the eyes or ears
- ◆ Heavy nasal discharge
- ◆ Persistent cough
- ◆ Unidentified rash



Children must be free of symptoms and fever-free without medication for 24 hours before returning to school.

CALENDAR NOTES



Sunday, May 29– 12th Annual Chinese Auction

Monday, May 30–Memorial Day. Teacher work day. No classes

Friday, June 10-Monday, 13– Shavuos Break

Tuesday, June 14– Classes resume at 9:00 a.m.

Wednesday, June 15– Kindergarten Graduation

Thursday, June 16– Last day of school. Dismissal at 12:45 p.m.



PRE-K AROUND THE WORLD PERFORMANCE

PRE-KI– THURSDAY, June 2 at 9:30 AM

PRE-KII– WEDNESDAY, June 1 at 9:30 AM

KINDERGARTEN GRADUATION

WEDNESDAY, JUNE 15

KI & KII– 9:30 AM

KIII & KIV– 1:00 PM



YESHIVA TORAS CHAIM TORAS EMES

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NURSERY NEWS

NURSERY I-MORAH TAMI

This week was Lag Ba'Omer. We discussed the many minhagim that we observe on Lag Ba'Omer, such as going on outings, lighting bonfires and cutting our hair. We made our own "make believe" bonfire, piled high with long blocks as the logs and red, yellow and orange paper as the fire. We sat in a circle pretending to be at a bonfire. We sang and danced around the bonfire and even "roasted" marshmallows.

As the Yom Tov of Shavuot nears, the children are getting ready for Kabbalas HaTorah. With many beautiful projects and mitzvos. The children enjoyed learning the midrash of how Hashem asked the nations to accept the Torah and only Bnei Yisroel answered "Naaseh V'Nishma." We also talked about the midrash of how Hashem chose Har Sinai as the mountain on which the Torah would be given. We learned the following Hebrew vocabulary words:

פרחים
מאכלי חלב
נעשה ונשמע
ללמוד תורה

Our Hebrew letter of the week was ches, We had a lot of fun identifying words that begin with this letter such as: challa, chatul, chita, chalav, chanuka, chamesh and chag.

For Parashas Behar we learned about the mitzvah of Shmittah. The farmers in Eretz Yisroel work the land for six years, but during the seventh year, they take a rest from working the land. This is so that the farmers of Bnei Yisroel have more time to learn Torah.

NURSERY I- MORAH SUSAN

This week we started a new unit on Birds, Butterflies and Bees. The children learned about the birds that fly south, like to Florida, for the winter to get out of the cold weather. We also learned that some birds can be house pets. We then discussed the lifecycle of a butterfly and how butterflies come from caterpillars. We also talked about bees and how they help humans by making honey.

We took our exciting theme and created a library full of books about butterflies, bees and birds. They children loved flipping through the pages and looking at the pictures of these amazing creatures.

During our art center, the class created their own drawings of a beautiful, colorful bird. They were so excited to add feathers to their birds to make them look even more lifelike. We created butterflies by dropping paint on a paper and then folding the paper in half and rubbing the outside. When we opened them up, the children saw that every painting looked different and resembled a beautiful butterfly!

We played many lotto memory games this week to practice and reinforce our pre reading skills. One of our new games included pictures of many insects and even butterflies and bees!

NURSERY II- MORAH MIRIAM

After counting Sefiras Haomer for 33 days already, the children were so excited to reach the day of Lag Ba'omer! The children were mesmerized as they listened to the story of Rabbi Shimon Bar Yochai and how he wanted the day of his death to be a happy one. Rabbi Shimon was buried in Meron which is why thousands of Jews travel there each year to celebrate Lag Ba'omer. The children created their own bonfires out of food and had fun singing and dancing with the Lag Ba'omer spirit! For the letter Ches, we focused on the mitzvah of Chessed-kindness. The children had many great examples of Chessed to share such as helping with the baby, setting the Shabbos table and visiting a grandparent. We read the book But Then I Remembered by Chaya Leah Rothstein.

In Parshas Behar, we learned about the mitzvah of shemita. We discussed how it must be so hard for the farmers and how Hashem performs great nissim/miracles to those who trust in Him.



NURSERY II- MORAH RACHEL

"All about Me!" was the topic this week. We discussed questions such as "What is your name? How is it spelled? Do you have a middle name? Who is in your family? How many sisters do you have? How many brothers do you have? What do you like to do with your family? A lot of the children said that they like to go to the park with their families. We read a book about a girl named Lola, who likes to go to the library with her mother. We practiced forming the first letter of our names properly, beginning "from the top." We wrote our names in pencil, crayon, scratched them out in "Magic Art" paper, shaped them out of playdoh and glue, and used our "pointer" finger to form them in shaving cream and hair gel. The children were so pleased with their accomplishments. We also focused on numbers this week. Ask your children to show you the numbers 1-10 with their fingers. Then challenge them to show you 11, 14, or even one hundred! You will be pleasantly surprised at how much they know.



PRE-K PAGES

JUDAIC STUDIES-

MORAH NECHAMA

In this week's Parsha, Parshas Behar we learned about the Mitzvah of Shmittah. The farmers in Eretz Yisroel work the land for six years, but during the seventh year, they take a rest. This is so that the Bnei Yisroel will remember to thank Hashem for everything they have and to give the farmers more time to learn Torah.

We celebrated Lag Ba'Omer by building a "bonfire," "roasting" marshmallows and singing and dancing around the "bonfire." We even enjoyed special ices. We talked about how Lag Ba'Omer is celebrated in Meron.

Our Hebrew letter of the week was the letter "Sin". The yeladim were taught many new vocabulary words such as:

שדה
שמלה
שר
שמח
שערות

We also reviewed the differences between the "Shin" and the "Sin".

The Pre-K classes are eagerly awaiting the completion of the Aleph Bais and their Aleph Bais Sefer. They have worked tirelessly all year toward the completion of their very own Aleph Bais Sefer and we are looking forward to our Aleph Bais Siyum!



SECULAR STUDIES-

MORAH JUDY

This week the children continued to practice for their Around The World Performance. They are so excited to wear their costumes and perform all their songs in front of a live audience. To go along with our Around the World unit we read a story about a girl from China named Yoko. This book taught us a lot about the Chinese culture and some favorite Chinese foods.

Our letter this week was the letter Xx. A few words that begin with the letter Xx are x-ray and xylophone. We also discussed some words that end with an x including, box, fox, fix, and lox. We played a game called, X Marks the Spot, Can You Find It Or Not. The children had such fun playing. One child left the room while the rest of the class hid a plastic letter X. When the X was hidden they invited the child back in who looked around the room to find the hidden letter.



KINDERGARTEN CORNER

JUDAIC STUDIES-

MOROT BAYLA, ESTY & RENA

The kindergarten children had a great time "roasting" marshmallows, enjoying ices and dancing around a "bonfire" in honor of Lag B'Omer. We learned the story of Rabbi Shimon Bar Yochai. We discussed why he had to hide from the Romans and how he learned Torah for many years. We learned about the miraculous tree and stream of water that sustained him and his son, Rabbi Elazar, for thirteen years in the cave. His Kever is a special place of gathering for people in Israel today. Bonfires, haircuts and special songs are all part of the celebration in Meron. We also reviewed the life of Rabbi Akiva and his favorite saying "V'Ahavta L'Reacha Kamocho". We are trying to respect our friends, speak nicely to each other and take good care of each other's toys. We learned the song "Don't Walk In Front Of Me". Each child made a beautiful Ahavas Yisroel project with a description of how they will keep this important mitzvah. The yeladim enjoyed listening to the story The Two Brothers by Judith Belsky which reinforces the concept of Ahavas Yisroel and Chesed.

It is hard to believe that we are up to our two final ossiyos, Taf and Saf. We have come so far. This week, we concentrated on the Taf. The yeladim played aleph bais games, worked in their binders and reviewed the ossiyos and their sounds. We talked about ossiyos that have the same sounds but are different, like vais and vav and ches and chaf. We also reviewed letters that are partners, but one has a dagesh which changes the letter and sound. For example pay and fay and kaf and chaf.

The Parsha of Behar taught us about a special mitzvah done only in Eretz Yisroel- the mitzvah of Shmittah- letting the land rest during the seventh year. What especially interested the children was the idea that this mitzvah is still kept in Israel today. During the Shmittah year the farmer is supposed to dedicate his time to learning Torah. Just as Hashem provides for us for six years, so too will he provide for us in the seventh year. We also learned about the mitzvah of Yovel. Every fifty years all Jewish slaves are freed and all fields have to be returned to their true owners.

In Pirkei Avos we learned the Mishna מצוה גוררת מצוה mitzvah leads to another. When we do a mitzvah we find that there are many more that follow.

The excitement builds as the children have been practicing for Graduation. Please review your child's part daily, making sure that they say it slowly and clearly. We can't wait for the actual celebration!

SECULAR STUDIES-

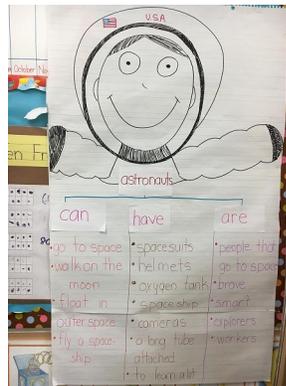
MOROT HEIDI & PEARLY

The excitement continues as the kindergarten children practice for graduation. We are so proud of how well they know their parts, songs and dances!

The children know so much about space and planets, that this week, we learned about the brave people that go to space, the astronauts. We learned that astronauts need to be smart and learn a lot to be able to fly into space. We made a chart explaining what an astronaut can do, what equipment astronauts have, and what kind of people astronauts are.

The kindergarteners created an "addition machine" and had such a great time using it! With two different colored pom poms, they each got a chance to put their set down a tube and watch as the pompoms landed in a bucket and combined to form the total amount of pompoms all together. Who knew adding could be so much fun?!

The children are writing in their journals about memories in kindergarten. They wrote about their favorite Superkid and their favorite part of kindergarten. Most kids wrote about their trip to Jungle Island and how much fun it was.





Erev Shabbos Parashas Behar 5776

Principal
Rabbi Kalman Baumann

Director
Mrs. Talia Levine

Dear Parents,

In last week's letter we discussed the Marshmallow Experiment and the connection between self-control and success in all areas of life. This brings us to an interesting question: Do some children naturally have more self-control, and thus were destined for success? Or can you learn to develop this important trait?

Here's more from a related research project:

What Determines Your Ability to Delay Gratification?

Researchers at the University of Rochester decided to replicate the marshmallow experiment, but with an important twist. Before offering the child the marshmallow, the researchers split the children into two groups.

The first group was exposed to a series of unreliable experiences. For example, the researcher gave the child a small box of crayons and promised to bring a bigger one, but never did. Then the researcher gave the child a small sticker and promised to bring a better selection of stickers, but never did.

Meanwhile, the second group had very reliable experiences. They were promised better crayons and got them. They were told about the better stickers and then they received them.

You can imagine the impact these experiences had on the marshmallow test. The children in the unreliable group had no reason to trust that the researchers would bring a second marshmallow and thus they didn't wait very long to eat the first one.

Meanwhile, the children in the second group were training their brains to see delayed gratification as a positive. Every time the researcher made a promise and then delivered on it, the child's brain registered two things: 1) waiting for gratification is worth it and 2) I have the capability to wait. As a result, the second group waited an average of four times longer than the first group.

In other words, the child's ability to delay gratification and display self-control was not a predetermined trait, but rather was impacted by the experiences and environment that surrounded them.

This is where we parents can have such a crucial impact on our children's success. If we make promises, or threats without thinking through what the outcomes will be, and then frequently don't follow through because of one (unanticipated) impediment or the other, we didn't merely lose an opportunity to teach a lesson - we have acted destructively, by weakening our child's sense that good things are worth waiting for and that there are negative consequences for acting improperly. Parenting without proper and timely follow-through is not just a lost opportunity - it's proactively doing possible harm.

Many parents lack the skills of managing behavior and knowing just what to say to a misbehaving child in a certain circumstance. That is excusable. You'll just need to get used to an overly lively household! Your children will grow to adulthood as productive, healthy members of society. However, consistently failing to follow through on your word will cause a 'disconnect' between your children and you, your values and ultimately Hashem, R'L. The negative trait of losing trust and developing a cynical explanatory style that our children acquire as a result, may unfortunately follow them to adulthood.

Equally important, by never developing the ability to delay gratification, never developing the self-confidence to exercise self-control, not having a trusting relationship with the most important adults in their life, your child may not find success, inner peace or happiness.

The good news is, with a minimum of focus and effort, we can achieve a trusting relationship - by paying heed to what we say, and making sure to follow through on our word in a fashion that at least minimally fulfills our earlier statement. This is one of the main secrets of successful parents - mean what you say, and say what you mean - and it's within all parents' reach to achieve that success.

With best wishes for a Shabbos of truth, faithfulness and connection,

Rabbi Kalman Baumann

WEEKLY WRAP-UP

