

# TEAM Spirit

## פרשת לך לך



CANDLE LIGHTING

6:19 pm

**DON'T FORGET!**

THIS MOTZEI  
SHABBOS



### YTC/TEAM

### ANNUAL JOURNAL DINNER

In addition to paying tribute to Mr. and Mrs. Irving and Roslyn Seidel A"H, we take great pleasure in announcing that Rabbi and Mrs. Dovid and Shifra Sharfman will be receiving the Harbotzas HaTorah Award. Completing our extraordinary group of honorees are Mr. and Mrs. Chaim and Bryna Roth, who will be accepting the Young Leadership Award in memory of Chaim's beloved father, *Reb Reuven Yisroel ben Chaim Hirsch A"H*. Please see the attached flyer for more information, and be sure to stay tuned each week for new and exciting details!

## STAR STUDENTS

Leehee Akrish – T.S.  
Leah Baroukh – S.S.  
Sara Cohen – S.S.  
Tamar Feldman – T.S. & S.S.  
Shoshana Blima Goldenberg – S.S.  
Yokheved Krispin – T.S.  
Tamar Mindick – T.S.  
Elisheva Raab – T.S. & S.S.  
Elisheva Sharfman – T.S. & S.S.  
Mindel Weinberger – T.S.

Simcha Bistriz  
Daniel Chattah – S.S.  
Avi Cohen – T.S.  
Yossi Cohen – T.S.  
Ephraim Dudovitz – S.S.  
Yitzi Eisenberger – T.S. & S.S.  
Yehuda Gassner – S.S.  
Ezra Kirschenbaum – S.S.  
Shea Rosenberg – S.S.  
Yehuda Pomper – T.S.  
Binyamin Rubinov – T.S.  
Nochi Zeines – T.S.

## TEAM PLAYERS

Orly Adar  
Adi Akrish  
Avia Bennett  
Esther Simcha Botton  
Elisheva El-Gad  
Hannah Froimovich  
Evelyn Gill  
Tzipporah Leah Greenberg  
Daniella Katz  
Sofia Leonoff  
Lea Riesel  
Ma'ayan Tzur  
Yael Ungar  
Tamara Yeshurun

David Bisker  
Moshe Botton  
Ephraim Dudovitz  
Avos Greenberg  
Noam Richmond  
Yossi Rosenberg  
Shimmy Siev  
Aryeh Sova  
Shelomo Sutton  
Shmuel Vaiselberg

### REMINDER:

**EARLY FRIDAY DISMISSAL  
BEGINS NEXT FRIDAY,  
NOVEMBER 11 AT 2:00 PM.**

## ASSEMBLIES

Our next monthly assemblies will **take place, IY"YH this coming** Tuesday, November 8, featuring presentations by 5G and 4B. Girls begin at 1:30 and boys begin at 2:45.

OFFICIAL UNIFORM MUST BE WORN ALL DAY ON ASSEMBLY DAY. This includes white knee socks for the girls. Please note: the **color of the boys' official uniform pants is Navy.**

## NICHUM AVEILIM

To Mrs. Raizy Greenberg and family on the loss of her father. Mrs. Greenberg is sitting *shiva* at her home, 907 Northeast 2nd Court, Hallandale, until Monday morning. The family requests no visitors after 6:30 pm.

## MAZEL TOV

To Mr. and Mrs. Yehuda Itzkowitz and family on the Bar Mitzvah of their son, our alumnus, Moshe.



To Dr. and Mrs. Eli Berman and family on the marriage of their son, Dov to Miriam Weiss of Toronto.

## PARSHA WITH THE PRINCIPAL

Rabbi Baumann's weekly Parashas HaShavua class takes place every Thursday, 8:45-9:30 AM in the main office. All are welcome to attend.



## 3B BOWLING BUDDIES

On Thursday the third grade boys enjoyed an afternoon of pizza and bowling in celebration of their tremendous **efforts on behalf of the Lag B'Omer** Walkathons of 5771 and 5772. Their enthusiasm to help Toras Emes and raise funds for Tzedaka on the Walkathon track was matched by their exuberance on the bowling lanes. Thanks to Mr. Yehuda Itzkowitz, Mrs. Alli Jeger, and Mrs. Chani Dudovitz for their assistance as chaperones. A great time was had by all!



## 3G MEETS RASHI

The girls in third grade started learning Rashi letters this week. To introduce this most exciting milestone, a very special guest visited the third grade classrooms. Rabbi Shlomo Yitzchaki (aka Rabbi Baumann in 3G-1 and Rabbi Grossman in 3G-2) told the girls all about his illustrious life in France.



## KIDS FOR KOSHER FOOD BANK

The Food Bank depends on **everyone's participation to help** combat hunger in our community—one meal, one person at a time. For the month of November the specific requests are oil, toys (brand new, not wrapped for ages infant to 18), chocolate coins, Chanukah candles, and dreidels. Keep in mind that all the food must be either OU, Chaf-K, O-K, or Star-K certified, making it suitable for any family. Thank you for your continued help. *Yasher Koach!*



## CHOOSE CHOSEN WORDS

Please consider sponsoring the Chosen Words, which appears in our weekly newsletter. The \$360 sponsorship, in memory, in honor of, or for a *Refuah Shelaima*, will be printed at the bottom of each Chosen Words issue.



## REFUAH SHELAIMA

Ruchama Aliza Sara Chana *bas* Esther Liba

Bracha Elka *bas* Maryasha Rivka

Zev Meir *ben* Yael Sara

Rivka *bas* Sarah Raizel

Yosef Simcha *ben* Zaka Basya

Yehuda Pinchas *ben* Osna

Leah Golda *bas* Esther Frimet

Ephraim Yankel *ben* Gnesha

Yosef Shalom *ben* Chaya Musha

(Rav Eliyashiv, Shlitta)

Asher *ben* Gittel

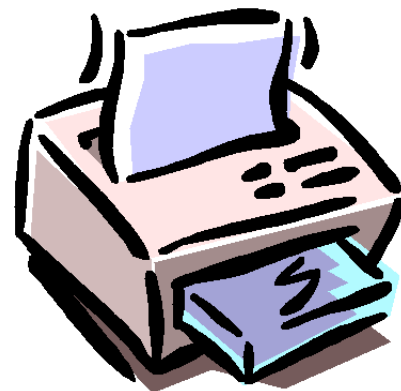
Chaim Zev *ben* Faiga Toiba

Hadassah Leah *bas* Shoshana



## THANK YOU

To Rabbi and Mrs. Shragi Thav and family for donating a printer to the 4G classroom.





**TORAS EMES  
ACADEMY OF MIAMI**  
Samuel Aba & Sisel Klurman  
Elementary School

Rabbi Kalman Baumann  
*Principal*

Rabbi Noam Grossman  
*Assistant Principal*

Dr. Deborah Lerer  
*Secular Studies Principal*

Mrs. Naomi Bloom  
*Early Childhood Director*

*Erev Shabbos Parashas Lech-Lecha 5772*

Dear Parents,

The official change of seasons this time of year occurs with the autumnal equinox on Sept. 21. For most of us, however, the changing of the clocks this *Motzei Shabbos* and the dramatic shift in daylight hours brings home the message of the rhythm of nature and a year of four seasons that has governed the world since the great Flood in the days of *Noach*. (*Malbim, Parashas Noach*.) So much of our daily lives are directly influenced by the season of the year, reminding us of the centrality of nature in our existence.

We get so caught up in our material pursuits and technology on one hand and even our higher spiritual goals and activities on the other, that we tend to lose sight of the basics that govern our well-being. How well we eat, how much sleep we get, how we exercise and live in moderation frequently get overlooked when we have a problem and are seeking a solution. Before we seek modern-day technological and scientific devices and methodologies to solve a problem, even before we investigate the spiritual underpinnings, we need to go back to the basics. If we neglect our bodies' needs on a regular basis, then medication or surgery may become necessary, but a shift in habit could possibly have pre-empted or solved the problem much sooner and much simpler.

The same holds true to an even greater degree in dealing with children. When a child has a difficulty in learning, classroom behavior, getting along with peers, or lacks motivation, all of the experts wisely present different possibilities to explain and solve the problem. The educator will look for an educational deficiency, the psychologist will explore a possible behavioral abnormality, the psychiatrist will search for a chemical imbalance, the neurologist will analyze brain function and the endocrinologist will examine any imbalance of the hormones and metabolism. But there is a 'step one' before all this, and that is to examine the basics of human well-being. Is your child getting enough sleep? Is there a healthy, productive routine of play, homework, supper, bathing and bedtime? Does your child eat a balanced meal each evening? What food do you send with him or her to school? What, when and how many sugary snacks are included? (Hopefully not more than 1 a day) It is hard to overstate the benefits to a child of a healthy, stable eating and sleeping regimen. Many children who develop learning issues start out with good potential to learn, but poor study habits, insufficient sleep and unhealthy diets keep them from progressing with their classmates. These factors cause inconsistent class participation and incomplete homework and studying, which derails any efforts they make and magnifies any weakness they may have, until there is a major problem.

When a problem exists despite these routines being under proper control, the next step is to look for physical causes, before any cognitive or psychological reasons for difficulty in school. Check your child's vision, hearing, overall health, manual dexterity and sensory issues first. These potential causes must be ruled out before exploring any other learning or behaviorally based causes. Once you've reached this point and the difficulties persist, then it is the appropriate time to enlist the other experts in helping your child.

In truth, most problems won't be solved by cutting out sugar etc., but a significant number can be greatly minimized through getting back to basics. There may be many impediments that parents face in providing a loving, nurturing, calm and stable environment that are beyond their control, but virtually everyone can show respect for the natural order that *Hashem* implanted into our world and take proper care of their child's healthy well-being. The additional success they'll find in school as a result may pleasantly surprise you.

Have a healthy, restful and wonderful *Shabbos*,

A handwritten signature in cursive script that reads "Rabbi Kalman Baumann". The signature is written in black ink and is positioned above the printed name.

Rabbi Kalman Baumann  
Principal



# 1G CELEBRATES!!

Mrs. Rosenbaum's first grade girls have done so many *Mitzvos* and have behaved with such tremendous *Derech Eretz* in class. As a result, they have filled up their marble jar and celebrated with a cookie decorating party!



*We are pleased to announce...*

YESHIVA TORAS CHAIM / TORAS EMES

*27th Annual Dinner*

HARBOTZAS HATORAH AWARD  
RABBI & MRS. DOVID & SHIFRA SHARFMAN



HONORING MR. & MRS. IRVING & ROSLYN SEIDEL ה"ע  
BELOVED PARENTS OF  
MRS. DEBORAH S. CHAMES & MRS. SHIRA S. WESTREICH



YOUNG LEADERSHIP AWARD  
MR. & MRS. CHAIM & BRYNA ROTH  
ACCEPTED IN LOVING MEMORY OF THEIR BELOVED FATHER,  
R' REUVEN YISROEL BEN CHAIM HIRSCH ROTH ה"ע

*Mr. & Mrs. Irving & Roslyn Seidel*

*Irving and Roslyn Seidel A"H....* two names that are synonymous with the growth and development of the North Miami Beach *kehilla* and indeed, all of South Florida. Arriving in Florida practically as newlyweds in 1954, they embarked on the journey of their lives and what would turn out to be their life's mission - ensuring that every Jewish child had a place in which to receive a quality Jewish education. Although there was an established day school in Miami Beach, the Seidels wanted the children of North Miami Beach to have a school within their own community. Dedicating themselves to bringing that education closer to home and seeking *da'as Torah* at every juncture, the Yeshiva Day School - the forerunner of Toras Emes - was started in 1970, occupying a single room in Young Israel of Greater Miami.

We owe a tremendous *hakoras hatov* to the Seidels, whose foresight and determination helped lay the groundwork for the beautiful Yeshiva and *kehilla* which we are privileged to enjoy today. Following in their parents' illustrious footsteps, daughters Deborah S. Chames and Shira S. Westreich and their families continue to bring abundant *kavod* to their beloved parents with their exemplary acts of *tzedakah* and *chesed*. We extend our heartfelt Mazel Tov to the entire *mishpacha*.

*Wishing you a wonderful Shabbos!*