



YESHIVA
TORAS CHAIM
TORAS EMES
KLURMAN
ELEMENTARY SCHOOL

TEAM SPIRIT

Miami Candle
Lighting
7:39 PM

Friday
May 12, 2023
כ"א אייר תשפ"ג
פרשת בהר

Through the
Classroom Door
Page 4-8



SHARE THE PAIN

Erev Shabbos Parashas Behar-Bechukosai 5783

Dear Parents,

One of the most anxiety producing and dispiriting feelings a person can have when they are experiencing a setback, failure or crisis is that they are alone in their struggle. Children especially, lacking a frame of reference, can be terrified when the unexpected occurs and they struggle to handle their feelings. They can easily catastrophize what may be a normal rite of growing up or inevitable bump in their childhood.

“Children...lacking a frame of reference, can be terrified when the unexpected occurs.”

HaGaon HaRav Avraham Pam, zt'l elaborates on an enlightening insight of the *Sefer HaChinuch*, found in this week's Parsha. In discussing the commandment of the Yovel year, the Torah sets forth the law of the freeing of one's slaves. The *Sefer HaChinuch* (Mitzvah 331) says that the freeing of the slaves can be a traumatic experience for the slaves' masters. Having become accustomed to the services and loyalty of their devoted slave for decades and decades, it must be exceedingly difficult to have to lose that support.

Therefore, continues the *Sefer HaChinuch*, on Yom Kippur of the Yovel year, *you shall sound the shofar throughout the land* (Vayikra 25:9). The Torah emphasizes *throughout the land* so people will realize “that this is something standard throughout the land and that everyone is doing so.” For there is nothing that encourages the hearts of human beings as something done by all. The wise man says: “The suffering of many is a consolation.”

Rav Pam extrapolates an important practical lesson. Life is filled with challenges. For some it is health, for others it is *shidduch* difficulties, *shalom bayis* issues, *parnassah* or *tzar gidul bonim* (child-rearing issues). At times, the anguish is greatly intensified because people mistakenly believe they are the only ones with this problem and must suffer alone. If they would realize that there are many others with similar problems, that would decrease the pain, as they could put their own suffering in the proper perspective.

“The suffering of many is a consolation.”

This is the lesson of the *Sefer HaChinuch*. It may be traumatic to have to free a slave who has been an indispensable part of the household for so many years. Nevertheless, if a person realizes that everyone has to do it, and everyone is going through this difficult experience, it is that much easier to bear.

For children, the distress and trauma in reaction to suffering may be greatly magnified. When they feel a certain pain, when their body begins to change, if they break a parent's item of value, if they cheat on a test, if they have some *milchigs* right after *fleischigs* they may be wracked with worry and or guilt and have no way to relieve those feelings. They may feel they are going to die, they may feel like the worst person in the universe, they may feel they have no hope for the future. All these feelings are greatly intensified because they don't realize that everyone else makes mistakes, everyone else has or will be going through similar upsets.

Parents need to be aware of and sensitive to this phenomenon and work proactively to help their children normalize the struggles of childhood and life. Open communication and non-judgmental listening to one's children is most important. When children trust that their parent will be supportive and loving no matter what the child reveals, they will be more inclined to share and be able to unburden themselves of what to them is a horrible, terrible, impossibly gargantuan disaster.

Sharing information, having age-appropriate discussions about different challenges in life, the concept of *Teshuva*, anticipating the onset of puberty, dealing with difficult people, what to do when someone makes you feel uncomfortable and how to ask for help will all go a long way in minimizing the emotional stress of a child bearing a difficult burden alone.

“Our Chazal understood ... that there is great therapeutic and emotional value in having support groups for scores of life's challenges.”

Our Chazal understood long ago what has finally been realized in our times, that there is great therapeutic and emotional value in having support groups for scores of life's challenges. Their wisdom needs to be applied to children as well, to ensure they can feel secure and happy in their journey to a successful and fulfilling life, IY'H.

Best wishes for a wonderful Shabbos,



Rabbi Kalman Baumann
Principal

Friday May 12, 2023

כ"א אייר תשפ"ג

מזל טוב

To Mr. and Mrs. Yoni Wulwick and family on
the birth of a boy!

To Coach Reiz on becoming a grandfather!

רפואה שלימה

Chaim Shmuel Ben Leah Yocheved

Binyomin Simcha ben Adina Minya

Mina Yehudis bas Masuda Marsel

Nuta Moshe ben Sarah

Yitzchok Mordechai ben Malka

HaRav Chesriel Yosef ben Dalish Rivka

Meir Nachum ben Salhah

Refael Avraham Meir ben Zelda Baila

Yisroel Yitzchak ben Chana Gittel

Chaya Adina Malka bas Chana Gittel

Reva Braindel bas Miriam

Chava Devorah bas Chana Malka

Tinok ben Chaya

Meir Michoel ben Rivka

Calendar Reminders

Shavuos Break: No Classes

Thursday, May 25 - Friday May 26

Sunday, May 28 -

Regular Sunday Classes

Memorial Day - Monday, May 29 -

Classes 9 AM -12 PM

Mother's Day Art



KES Girls Lag B'omer Field Day



Field Day Wrap Up: Everybody is a winner!!
The team with the most points was the Pink Team



1G Edible Bonfire



3G Kriah Siyum



2G-3 Archery



Siyum Shemos

5G-2 & 5G-3: Last week, Mrs. Berkman's classes had a *Siyum* on *Parshas Shemos*. Some girls shared beautiful and inspirational *Divrei Torah*. They played a fun Kahoot *parshas shemos* review game and had delicious treats.



Measuring Unit in 3G



Robotics Competition!

As a culmination of weeks of very hard work, the fifth grade girls and boys participated in the inter-school robotics competition with 9 other schools in S Florida. They won the Mechanical Award at the competition for completing various building tasks with different materials.



Robotics Competition!

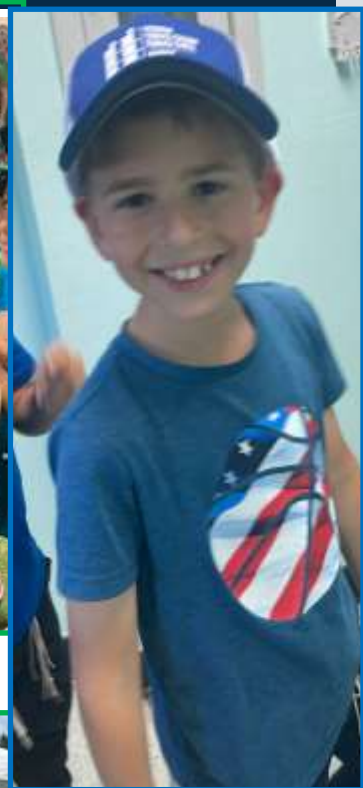
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Friday May 12, 2023

כ"א אייר תשפ"ג

KES Boys Lag B'omer Field Day



Field Day Wrap Up: Everybody is a winner!!
The team with the most points was the Blue Team



Yeshiva Toras Chaim Toras Emes Klurman Elementary School



Create a World of Kindness

~ עולם חסד יבנה ~



Granny's Hotline:

863-345-2036



Kol hakavod to all the classes that are completing the *Sefiras Haomer Chessed* Challenge each week. We have seen so many amazing acts of *Chessed* being performed all over our school! Especially during Field Day this week, it was so special to see all the *Chessed* that was going on. Girls on the pink team brought in purple accessories for their classmates and girls on the purple team shared their costumes with their friends on the pink team! We are so proud of our kind KES *talmidos*!



Kindness Club Stars



Ariella Davis
Rikki Mann
Tova Alcabes
Rena Dreyfuss
Adina Levine
Leah Gil
Baila Klugman
Norah Hadjaev
Yael Laredo
Aviva Laredo
Yahli Ben-Harush

Rebecca Rosenbaum
Aliyah Mayerson
Hadassah Mann
Ariela Brick-Turin
Talia Barouk
Lielle Tzur
Leah Pomper
Simi May
Malky May
Leah Shemaria
Sara Margolis

Feige Porter
Ella Amar
Bracha Friedman
Sima Dobkowski
Michali Gordon
Tehila Levine
Aliyah Chocron
Ruth Bucay
Yehudis Labrie
Esther Pascual
Talia Handler

Yaffa Serle
Layla Klein
Leeba Nachbar
Ora Ouaknin

Raffle Winners

Norah Hadjaev
Yahli Ben-Harush
Baila Klugman

Caught in the Act!



Adina Levine



Fifth Grade



Aliza Citron

Bnos & Pirkei Avos

A new Pirkei Avos group is forming for 3rd and 4th grade girls in NMB! It will take place on Shabbos afternoons, immediately after Bnos, from 5:00 to 5:45 pm, at the Hollander/Friedman house, 1055 NE 174th Street. Entrance on left side. Come hear stories about our great Tannaim and what advice they left for us to follow! Lead by Rebbetzin Friedman



BNOS

WE CAN'T WAIT TO SEE YOU!

NMB

3:30-4:30

Kindergarten

3rd Grade

Miriam Rosenberg

Ahuva Bernstein

1340 NE 171st Street

1250 NE 172nd Street

1st Grade

4th Grade

Bracha Friedman

Rivky and Batshevi Benguigui

1110 NE 171st Street

1151 NE 169th Terrace

2nd Grade

5th Grade

Aliza Gordon

Devora Janowski

1230 NE 176th Street

17120 NE 12th Avenue

We apologize for the greater distance between the locations this week. We are trying to give as many girls as we can an opportunity to host Bnos before the year is over.

Miami Beach

3:45-4:45

1st and 2nd Grade

Aliza Ginsbury
3487 Chase Ave

3rd Grade

Sarah Saka
2430 Prairie Ave

4th and 5th Grade

Rivky Stein
2922 Sheridan Ave

Hollywood

AISH

4010 N 46th Ave

Grades 1-5

3:45-4:45

שבת פרשת בהר בחוקותי

May 13, 2023

כ"ב אייר תשפ"ג

bnos@bymiami.org

SEE FLYERS FOR
UPCOMING EVENTS



MIAMI BEACH

BNOS

GRADES 1-5 11:00-12:30 PM



NEWFIELD HOME
4455 ALTON ROAD

SUNDAY, MAY 28
CHES SIVAN



BNOS

NMB, HOLLYWOOD, AND AVENTURA

GRADES K-2 12:00 PM-12:45 PM

GRADES 3-5 12:45-1:30 PM

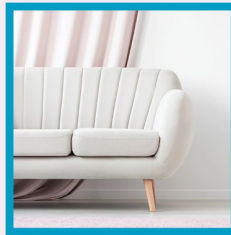


BAIS YAAKOV MIAMI
1110 NE 163RD STREET

SUNDAY, MAY 28
CHES SIVAN

OVER 65 AMAZING PRIZES!

WEDNESDAY JUNE 7, 2023



Don't live in South Florida?

LOOK FOR THIS ICON

Most prizes can be shipped
directly to you for free!



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AUCTION**
6.7.23

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