



YESHIVA
TORAS CHAIM
TORAS EMES
KLURMAN
ELEMENTARY SCHOOL

TEAM SPIRIT

Miami Candle
Lighting
7:15 PM

Friday
March 24, 2023
ב' ניסן תשפ"ג
פרשת ויקרא

Through the
Classroom Door
Page 4-8



HOW TO AVOID BECOMING THE PESACH SACRIFICE

Erev Shabbos Parashas Vayikra 5783

Dear Parents,

The theme running through the entire observance of Pesach is the expectation that we view ourselves as having experienced personally the salvation from Egypt. Undoubtedly, the days and weeks leading up to the moment of freedom 3300 years ago were filled with stress and anxiety. However, nowhere is it written that we are obligated to re-experience their high stress levels in the lead up to Yom Tov!

“...– the womenfolk are the most likely to re-experience pre-holiday stress!”

Far be it from me to lecture anyone concerning how to prepare properly for Pesach. While we all have our role, let's face it – the womenfolk are the most likely to re-experience pre-holiday stress! It is therefore most prudent to quote and paraphrase liberally from a letter from Mrs. Perl Abramovitz, a highly acclaimed speaker and parenting educator, entitled “Purim/Pesach Parenting Pointers.” She addresses the challenge of maintaining calm.

Despite all the efforts to make our home an island of calm, where peace reigns, and our attempts to focus on preparing for and bringing the Geula, the final redemption, we may find ourselves ready to explode. We've put so much effort into building our homes, and now we seem poised to tear it down, in one, full, sleep-deprived swoop of anger.

Mrs. Abramovitz advises, *“Don't think of everything you have to do. Don't think of tonight, tomorrow or even five minutes from now. Stay in the moment. For a moment you can control yourself. Then, when you've held yourself back for just a moment, when you stifled the yell that was about to erupt, congratulate yourself. In just one moment, you are giving yourself and giving your children as well, the ability to succeed in maintaining self-control.”*

Mrs. Abramovitz provides practical suggestions. *When necessary to critique one's child:*

1. *In private*
2. *In a low voice*
3. *With love in your heart*
4. *Only if the child knows you love him/her*
5. *With a solution in mind*
6. *For something he/she is capable of changing*
7. *For a trait you yourself overcame*

“For a moment you can control yourself.”

Getting our children to cooperate without negativity:

1. *State rules in 30 seconds or less*
2. *Speak in a firm, matter-of-fact way*
3. *Connect before you direct; bend down to eye level*
4. *Address the child by name*
5. *Use the “I” message*
6. *Say please and thank you*
7. *Make it light*
8. *Talk the child down; the louder the child yells, the softer you respond*
9. *Give advance notices*
10. *Give choices*
11. *Ask your child to repeat the request back to you*

So many of our challenges in personal growth come from focusing all our attention on the details of the task at hand, and losing sight of the big picture. Pesach is the glorious celebration of being a Jew, taking pride in being a part of the Jewish People and appreciating to the very depths of our being the fact Hashem intervenes in the affairs of mankind for our ultimate good. What will enhance that celebration more – removing that last (non-chometz) streak of dirt from our front window, or maintaining our equilibrium with our spouse and children for even one more moment?

May Hashem grant you the strength to persevere, the fortitude to keep smiling and the patience to enjoy your children throughout your upcoming exodus experience.

“So many of our challenges in personal growth come from ... losing sight of the big picture.”

Best wishes for a peaceful Shabbos, and a month of well-earned personal victories



Rabbi Kalman Baumann
Principal

מזל טוב

To Rabbi and Mrs. Yecheskel Ginsburg and family on the birth of a girl!

To Mr. and Mrs. Yosef Selmar and family on the bar mitzvah of their son, our almunus, Avrami!

To Mr. and Mrs. Dovi Ehrlich and family on the bar mitzvah of their son, our almunus, Rael!

רפואה שלימה

Chaim Shmuel Ben Leah Yocheved

Binyomin Simcha ben Adina Minya

Mina Yehudis bas Masuda Marsel

Nuta Moshe ben Sarah

Yitzchok Mordechai ben Malka

HaRav Chesriel Yosef ben Dalish Rivka

Meir Nachum ben Salhah

Refael Avraham Meir ben Zelda Baila

Yisroel Yitzchak ben Chana Gittel

Chaya Adina Malka bas Chana Gittel

Reva Braindel bas Miriam

Chava Devorah bas Chana Malka

Tinok ben Chaya

Lost and Found

Our lost and found bin is growing!

All unclaimed items will be thrown away or considered hefker after April 1st. Please encourage your child to go to the office to find his or her lost items.

Calendar Reminders

Pesach Break

Sunday, April 2 - Sunday, April 16

Classes resume on Monday, April 17

Calendar Clarification

Re: Pesach Break

Last day of school for all KES classes is Friday, March 31.

Hasmada/Chemda Program

Sponsorship opportunities are available for our semi-annual Learning & *Chessed* Programs taking place during Pesach Break.

The voluntary learning and *mitzvos* of our students will serve as a *zechus*, in memory of, in honor of or for a *refuah shelaima* for a loved one.

Sponsorships begin at \$50. Please visit the link below ytcte.org/hasmoda

4B Sukkah Fair

On Sunday, the 4th grade boys had their annual *Sukkah* Fair. The boys have been learning *Mishnayos Sukkah* and created their own *Sukkah* displays showing the different scenarios and *Halachos* that they learned.



Science Spaceships

1B-1 - Mrs. Marne's class is focusing on their space unit. They learned about space and becoming an astronaut. They then created paper rocket ships and tested if they would fly. They had such fun!



5B Bird Hatching Update!

5B-3 - Mrs. Baruch-El's students have been eagerly watching and caring for the eggs they were hatching. Early this week, the chicks hatched! The boys got to experience it all and are amazed by the miracle.



Mastering Math

1B-4 - Mrs. Olensky's class had a delicious time reviewing place value. They made models of numbers up to 120 using pretzels for ten towers and chocolate chips for ones unit. You bet they aced their test after this fun lesson!!



2B Trip To The Science Museum



Solar System Performance

1G - The first grade girls invited the Kindergarten students, 2nd and 3rd grade girls to their classroom to see their Solar System play that they have been working so hard on.



4th Grade Hallel On Rosh Chodesh



Chocolate Fountain Siyum

2G-1 - Mrs. Rosenbaum's class had a chocolate fountain *siyum* in honor of their completion of *Perek Yud Gimmel* in *Parshas Lech Lecha*.



Third Grade Deep Into Studying for a Chumash Test!



Pesach Cleaning and Hagaddah Learning





Create a World of Kindness

~ עולם חסד יבנה ~



Granny's Hotline:
863-345-2036

We have talked a lot about the main two ways to fulfill the *mitzvah* of *Hachnosas Kallah* - financially providing for a *kallah's* wedding and home, and bringing *simcha* to a *chossan* and *kallah*.

The *Gemara* in *Brachos* adds that this *mitzva* also includes saying something nice about a *kallah* to her *chossan*, or to a *chossan* about his *kallah*. It is a great act of *chessed* to make each of them think that they made an excellent choice in whom they are marrying. *Beis Hillel* suggests we should call the *kallah*, "*Kallah na'ah v'chasudah*," - a beautiful and gracious *kallah*. The *Shelah Hakadosh* says that even making *shidduchim* is a way of fulfilling *Hachnosas Kallah*, and is a tremendous *chessed*!

Bio of a Baal Chessed

Many years ago *R' Chaim Kreisworth zt"l* was very sick and the doctors told him he only had weeks to live. He went to the *Steipler Gaon* to ask if there was anything to do to change this heavenly decree. The *Steipler* told him to get involved with *Hachnosas Kallah*. He explained that we list *mitzvos* in *Eilu Devarim* each morning that earn us a reward in *Olam Habah* and *Olam Haze*. As part of the *Tefillah* we say, "*U'Bikur Cholim, V'hachnosas Kallah, U'lvayas Hameis*" - visiting the sick, *Hachnosas Kallah*, and escorting the dead to be buried. This is to teach us that we can interrupt the natural order of sickness and then death by performing acts of *Hachnosas Kallah*! *R' Chaim* accepted this *mitzva* upon himself and married off hundreds of orphans before he was *niftar* 25 years later!

A VERY SPECIAL SHOUTOUT FROM GRANNY HERSELF:

Aliza and Michali Gordon

Kindness Club Stars

- Michali Weiss
- Tziporah Lichtman
- Rikki Mann
- Rena Dreyfuss
- Rachel Goldman
- Rachel Greenbaum
- Efrat Aminov
- Esther Katz
- Tova Alcabes
- Ettie Bergida
- Yocheved Kolodny
- Malky Ginsburg
- Shayna Culbreth
- Hadassah Mann
- Ellie Soskin
- Avital White
- Ahuva Bernstein
- Leah Pomper
- Aliyah Mayerson
- Lielle Tzur

- Batsheva Sokol
- Esty Mermelstein
- Mia Beck
- Talia Rabovsky
- Shifra Kier
- Adina Fladen
- Yehudis Labrie
- Ora Ouaknin
- Nechama Silverstein
- Kaylee Goldwasser
- Gaya Langford
- Talia Handler
- Tehila Kirzner
- Chayala Eisemann
- Esti Stilerman
- Ariella Davis
- Shoshana Schwartz
- Emunah Baron
- Esther Roth

Raffle Winners

- Rena Dreyfuss
- Ariella Davis
- Chayala Eisemann



We played a very fun Guess Who Kallah game featuring our very own KES staff! Everyone really enjoyed!!!

Caught in the Act!



Esther Bonan & Simi Ginsburg



Emunah Baron & Esther Roth

Bnos and Pirchei



BNOS

בס"ד

WE CAN'T WAIT TO SEE YOU!

NMB

3:30-4:30

Kindergarten

Bracha Kier

1230 NE 171st Terrace

3rd Grade

Etty Bergida

1240 NE 171st Terrace

1st Grade

Chana Chammah

1060 NE 169th Terrace

4th Grade

Tova Peled

1250 NE 171st Terrace

2nd Grade

Batsheva Kirzner

1211 NE 176th Terrace

5th Grade

Ruthie Rosenberg

1040 NE 179th Street

We apologize for the greater distance between the locations this week. We are trying to give as many girls as we can an opportunity to host Bnos before the year is over.

TIME CHANGE

Miami Beach
3:45-4:45

1st and 2nd Grade

Zahava Stein

910 West 47th Street

3rd Grade

Chana Rochel Elefant

353 W 47th Street

Apt 5E

4th and 5th Grade

Sarala Braun

4570 Adams Ave

If you would like to host Bnos, please text one of the Bnos heads. Thanks!

Hollywood

NO BNOS

THIS

SHABBOS

:(

שבת פרשת ויקרא

March 25, 2023

ג' ניסן תשפ"ג

bnos@bymiami.org





Boys
Oneg Shabbos Groups
Grades 1st-5th

תצוה	3/4	OFF
כי תשא	3/11	OFF
ויקהל-פקודי	3/18	OFF
ויקרא		OFF

NO PIRCHEI THIS WEEK

Supported by
Local Shuls

- Grade 1 at Gan Ariel
- Grade 2 at Young Israel
- Grade 3 at Mikdash Melech
- Grade 4 at Kollel House
- Grade 5 at Torah VeEmunah

*For sponsorship opportunities please call
Rabbi Chaim Mandel
305 807 7589*

*Leaders cannot be responsible for your children after Pirchei is over.
Please make the necessary arrangements*

Bitter/Sweet

If the seder is a festive occasion, why introduce bitterness, through the medium of maror?

The other two components of the seder, matzah and the Pesach offering, are symbols of joy. Why do we detract from that with the sad and bitter reminder of our slavery?

The fact is, the maror is not a detraction from the joy of the seder. It is an addition, because it, like every other aspect of the ritual, is a means of expressing gratitude to Hashem for the miracles He performed on our behalf.

The Egyptian exile was indeed bitter. Yet, we can and should be grateful for it.

Because the Egyptians hated the Jewish people, we were forced to maintain our separate

identity. Because we suffered, we learned to cry out to Hashem in our time of need, a cry which Hashem heard and answered with redemption: "And the Children of Israel groaned from the toil and they cried out, and their pleas went up to G-d," says Shemos (2:23).

The bitterness of our slavery is compared to a crucible, in which the nation of Israel was formed. Before this experience, the B'nei Yisrael were a family, literally the sons of Yaakov and their descendants. Our suffering purified and strengthened us, forging us into the nation that would be

"The Egyptian exile was indeed bitter. Yet, we can and should be grateful for it."

pure enough to receive the Torah and strong enough to hold onto it forever.

Think About It:

In a difficult situation you've faced, what good has come out of the problem? *Adapted from "The Three Festivals, Insights of the Sfas Emes," anthologized by Rabbi Yosef Stern, with permission from Mesorah Publications*

Better Relationships

The Next Redemption

Pesach and Tisha B'Av are intertwined in many ways, a fact made apparent by their occurrence on the same day of the week each year. According to Rabbi Mattisyahu Solomon, the Mashgiach of Beis Medrash Gevoha, Lakewood, the connection is this: The lesson of Pesach equips us to end the present galus, and change Tisha B'Av into a day of rejoicing. That lesson is found in the two "dippings" that occur during the seder.

The Ben Ish Chai explains that the first dip—karpas into salt water—recalls the sin that caused our descent into Egypt: the discord between Yosef and his brothers. In order to convince their father that Yosef had been killed by an animal, they dipped his garment into animal blood. Yosef was taken to Egypt as a slave, his family eventually settled there, and their descendants were enslaved.

The second dip is one that sweetens; we dip our bitter herbs into charoses. In this act, we commemorate the dipping of bunches of hyssop into blood, the act the Jews were commanded to perform on the night before

▼

"There can be no freer man than one who engages in the study of the Torah."
—Avos 6:2

the redemption. The bunches, "agudos," symbolize B'nei Yisrael's unity as they acted together on that night to perform Hashem's will. This show of unity was the culmination of their achievement in the Egyptian galus, a time during which, the Midrash says, the Jews spoke not one word of loshon hora. Their unity "undid" the sin of Yosef's brothers, and set the stage for redemption.

From these two dippings, we learn what brings galus upon us, and what redeems us. On the Pesach that the lesson is finally absorbed fully into Klal Yisrael, we will have closed the last link between our first redemption and our final one. When we open the door for Eliyahu, he'll be there, with the news we've been waiting so long to hear. *Adapted from "Rabbi Frand in Print," with permission from Mesorah Publications*

Index Reference 750



Chosen Words is a biweekly publication of the Chofetz Chaim Heritage Foundation

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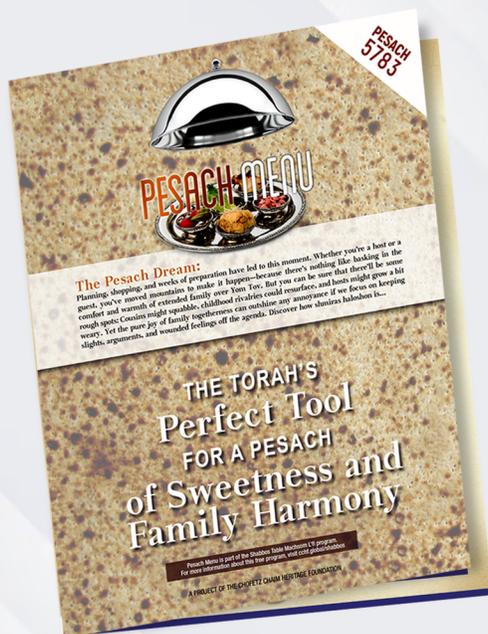
✉ We welcome your comments!

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THE NEXT ISSUE OF CHOSEN WORDS
WILL BE FOR PARSHIYOS TAZRIA-METZORA.

YOUR SPECIAL PESACH MENU BOOKLET,
A GIFT FROM CCHF,
SHOULD BE IN YOUR INBOX
BY MONDAY, APRIL 3rd.



Dedications

לע"נ
שושנה וויטא בת ר' ישראל הלוי ע"ה
Mrs. Shoshana Appelbaum a"h
נלב"ע כא' ניסן
שבועי של פסח תשנ"א

We gratefully acknowledge our generous sponsors for making this publication possible.